

# AmnioSense™

## Amniotic Fluid Leak Detector for self-testing

### *Carefully read the entire insert before using this product*

The AmnioSense™ test is contained within a panty liner and detects leaking amniotic fluid. AmnioSense™ can be used at any time during pregnancy but is particularly recommended for all women after 36 weeks pregnancy, or after amniocentesis. It should be used whenever unidentified wetness is encountered or as recommended by your midwife or doctor.

Simply attach the panty liner to your underwear and get on with your day. Wait until you feel wetness then remove the indicator strip from the panty liner and put it in the plastic drying box. After 10 minutes check for a change in colour.

If the indicator strip is stained blue or green amniotic fluid is probably leaking from your uterus. You should consult your doctor, midwife or go to the hospital without delay. If the indicator strip stains blue or green and then fades back to yellow, or if the colour does not change from yellow at all, the fluid leakage is probably urine which is common in pregnancy.

For further diagnosis or if in doubt about the results you should consult your doctor or midwife.

The AmnioSense™ test is recommended for use in both normal and high risk pregnancies. Leaking amniotic fluid increases the risk of infection to both mother and baby and early detection can help to:

- Prevent complications or premature delivery
- Identify a possible membrane rupture, especially after amniocentesis
- Confirm that your waters have broken so that you reach hospital in proper time for delivery
- As you wait to meet your baby, the AmnioSense™ amniotic fluid leak detector gives you some extra peace of mind, just when you need it most.

## Directions For Use

1. Wash and dry your hands.
2. Remove the panty liner from the foil pouch.
3. Attach the panty liner to your underwear (Figure 1) and wear as you would a normal panty liner. The pale yellow indicator strip should sit directly against your vagina.

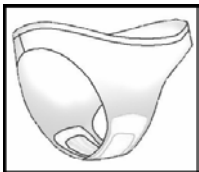


Figure 1

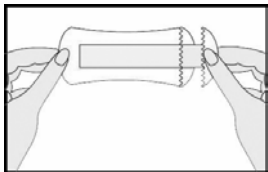


Figure 2

4. When you feel wetness and the panty liner is wet prepare the enclosed plastic drying box.
5. Remove the indicator strip from the panty liner by gently pulling the loose tail of the indicator strip as shown in Figure 2.
6. Lay the indicator strip on the white cloth in the open plastic drying box (Figure 3). Close the box. Dispose of the panty liner in the normal waste.

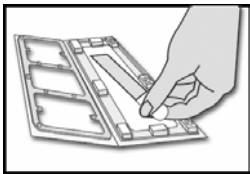


Figure 3

7. Wait 10 minutes and then check the colour of the indicator strip.

## **Reading the Results**

After 10 minutes of drying in the plastic box look at the colour of the indicator strip (Figure 4).

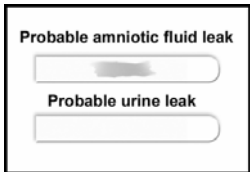


Figure 4

- If the indicator strip is stained blue or green the fluid leakage was probably amniotic fluid. Consult your doctor, or midwife, or go to the hospital without delay.

**IMPORTANT NOTE:** The indicator strip can also turn blue or green if a vaginal infection is detected. Whenever you see a blue or green strip always consult your doctor or midwife.

- If the indicator strip was originally stained blue or green but the colour faded back to yellow during the 10 minute drying period the panty liner has been in contact with urine.
- If the indicator strip did not change colour at any time the fluid leakage you detected was not amniotic fluid and was probably urine.

## **Showing the Indicator Strip to your Doctor or Midwife.**

If you intend to show the indicator strip to your doctor or midwife, take the strip to the doctor or midwife in the closed plastic box.

## **Conditions for Use**

To ensure valid results do not use the AmnioSense™ monitoring device if the answer to either of the following questions is YES: (1) is it less than 12 hours after sexual intercourse ? (2) is it less than 12 hours after vaginal douching ?

# AmnioSense™

## Amniotic Fluid Leak Detector

*Carefully read the entire insert before using this product*

### **Indications for Use**

This product is intended to detect leaking amniotic fluid during pregnancy. It should be used from week 36 onwards in all normal pregnancies, or after amniocentesis, or whenever unidentified wetness is encountered, or as recommended by your doctor. For further diagnosis and medical care, report or show the test results to your doctor or midwife.

*If you suspect that you have a vaginal infection consult your doctor*

### **Package Contents**

The AmnioSense™ kit contains seven test panty liners, seven plastic drying boxes, and instructions for use.

### **Storage**

The kit should be stored in a dry place and at room temperature. Keep the panty liner foils sealed until use to avoid contamination. Please note the expiration date stated on the panty liner foil and do not use after expiration date. For single use only do not re-use. If in doubt consult the product supplier. Keep out of reach of children.



Issue date 12/12/03 <sub>/web</sub>

*Manufactured by Med-Direct International Ltd, Summit Point, Summit Crescent, Smethwick,  
West Midlands B66 1BT, UK. [www.amniosense.com](http://www.amniosense.com) email: [help@amniosense.com](mailto:help@amniosense.com)*